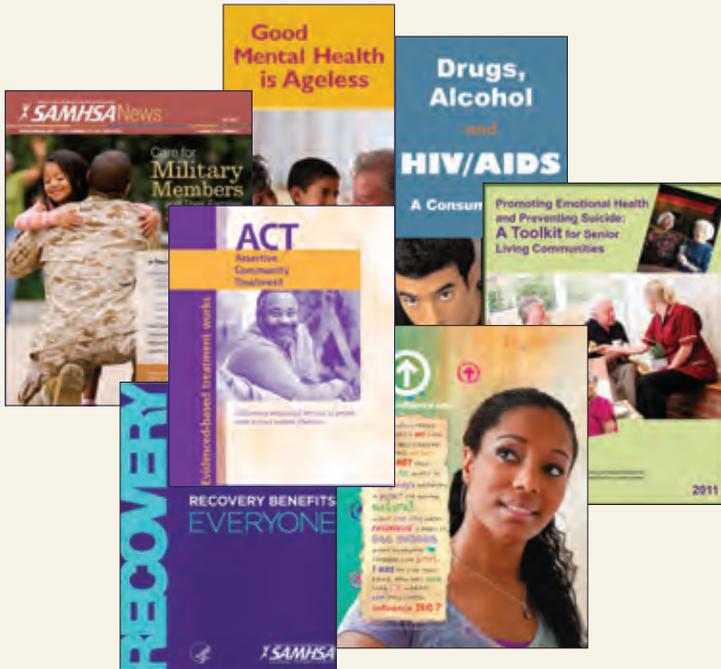


# Your Guide to SAMHSA's Resources



The mission of the Substance Abuse and Mental Health Services Administration (SAMHSA) is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA has demonstrated that prevention works, treatment is effective, and people recover from mental and substance use disorders.

Check out the services and resources SAMHSA offers.

Everything is just a phone call or mouse click away! Call 1-877-SAMHSA-7 (1-877-726-4727) or visit <http://samhsa.gov>.



**Tools you need  
to succeed . . .**

# Call Center and Helplines

Your personal link for help

## Help is a Phone Call Away

### 1-877-SAMHSA-7 (1-877-726-4727)

SAMHSA offers English- and Spanish-speaking information specialists who can recommend appropriate substance abuse and mental health resources. We can provide recommendations on training resources and products for health professionals. We can also help identify health education materials for health fairs, mobile clinics, family members, patients, and more. Simply call us at **1-877-SAMHSA-7 (1-877-726-4727)**, Monday through Friday, 8 a.m. to 8 p.m., eastern time, or send an email to **SAMHSAInfo@samhsa.hhs.gov**.



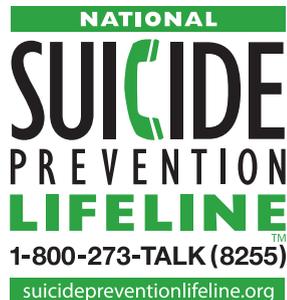
### SAMHSA's Treatment Referral Routing Service

The Treatment Referral Routing Service is a confidential, free, 24-hours-a-day, 365-days-a-year, information service, in English and Spanish, for individuals and family members facing substance abuse and mental health issues. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Call **1-800-662-HELP (1-800-662-4357)** for treatment referrals or visit <http://samhsa.gov/treatment>.

Note: Information specialists are not counselors and do not provide counseling or treatment, but instead strive to find the appropriate resource for each caller.

### National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline **1-800-273-TALK (8255)** is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. By dialing **1-800-273-TALK**, a caller is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local centers provides crisis counseling and mental health referrals day and night.



# Publications and Resources

Your source for behavioral health information

## Access the Latest SAMHSA Materials and News

### Visit <http://store.samhsa.gov>

To view, download, or order free publications online. All of SAMHSA's mental health and substance abuse resources are now available in one convenient location.

SAMHSA's new store features:

#### Improved Navigation

Find publications and other items easily by topic and use filters to find items, written for specific professionals and caregivers, that target certain population groups or that use a particular product format.

#### Suggested Products and Resources

When you find one item that you like, you will find similar items on the same web page and be able to access related web content.

#### Register Now for Additional Features

Create an account at <http://store.samhsa.gov>. Registering will allow you to:

- Track previous and current orders.
- Save your shipping addresses.
- Create "favorites" or a "wish list."
- Receive a notification when a product is back in stock.

**Or Call 1-877-SAMHSA-7  
(1-877-726-4727)**

For help identifying appropriate publications

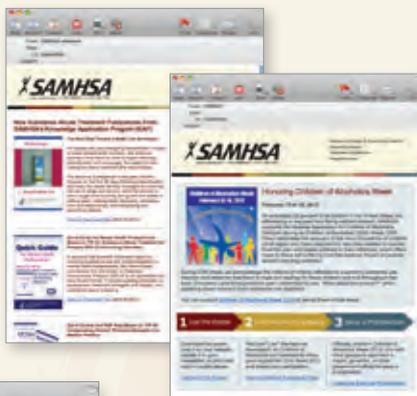


# SAMHSA Email Updates

The latest information delivered directly to your inbox

## Sign Up for Email Updates

You can receive the latest news about SAMHSA grants, publications, campaigns, programs, statistics, and data reports straight to your email inbox. Once you sign up and indicate your areas of interest, you'll receive up-to-the-minute information that's important to you. Visit <http://samhsa.gov/signup> to get started.



### SAMHSA Headlines

SAMHSA Headlines is a twice-monthly, e-news alert that provides the latest information on SAMHSA's behavioral health news, events, and resources. It is a key resource to help the behavioral health community stay informed. SAMHSA Headlines offers timely news alerts and updates every other week. Share with your colleagues today!

# SAMHSA News

Your national quarterly newsletter



Published quarterly, SAMHSA's national, award-winning newsletter updates you on everything SAMHSA! Sign up to receive SAMHSA News online and read the latest issue online at <http://samhsa.gov/samhsanewsletter>.

Bookmark the home page or specific articles for easy access, download a print-friendly PDF version, find out how to subscribe, and send us feedback.

You will find the latest news about mental and substance use disorders treatment and prevention practices, statistics, related Federal policies, and resources. SAMHSA News is available online, and its extensive archive is searchable to help you locate topics of interest to you. It also includes an annual index.



Explore recent back issues as well as archives back to 2002.



# *Working To Reduce the Impact of Substance Abuse and Mental Illness on America's Communities*

## **Giving you the resources to stay connected . . .**

- ✓ **1-877-SAMHSA-7**
- ✓ **<http://store.samhsa.gov>**

## **Connect with SAMHSA**

Keep up to date with SAMHSA. Follow us on:

-  **<http://facebook.com/samhsa>**
-  **<http://twitter.com/samhsagov>**
-  **<http://flickr.com/samhsa>**
-  **<http://youtube.com/samhsa>**
-  **<http://samhsa.gov/rss>**
-  **<http://blog.samhsa.gov>**

Learn how SAMHSA is using social media at  
**<http://samhsa.gov/socialmedia>**.

## **Link to us:**

Add a link to **<http://store.samhsa.gov>** on your website to offer your visitors access to free behavioral health resources from SAMHSA. Check out the free tools, banners, and widgets at **<http://samhsa.gov/tools>** that you can place within your own emails, products, newsletters, or websites.

Visit us on the web at **<http://samhsa.gov>** for additional information and resources.