

# Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover

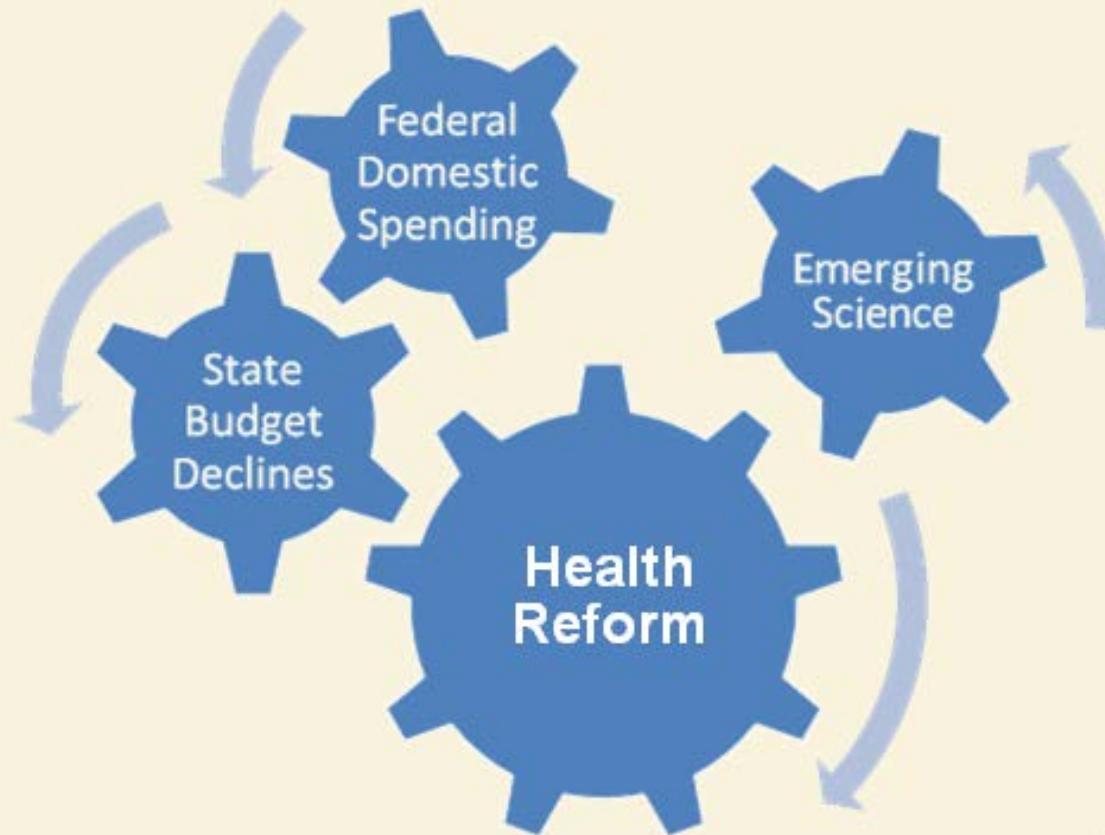


# Leading Change in an Era of Health Reform

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SAMHSA Administrator  
National Child Traumatic Stress Network  
Grantee Meeting  
Baltimore, MD • March 1, 2011



# Context For Change



# Time for Change

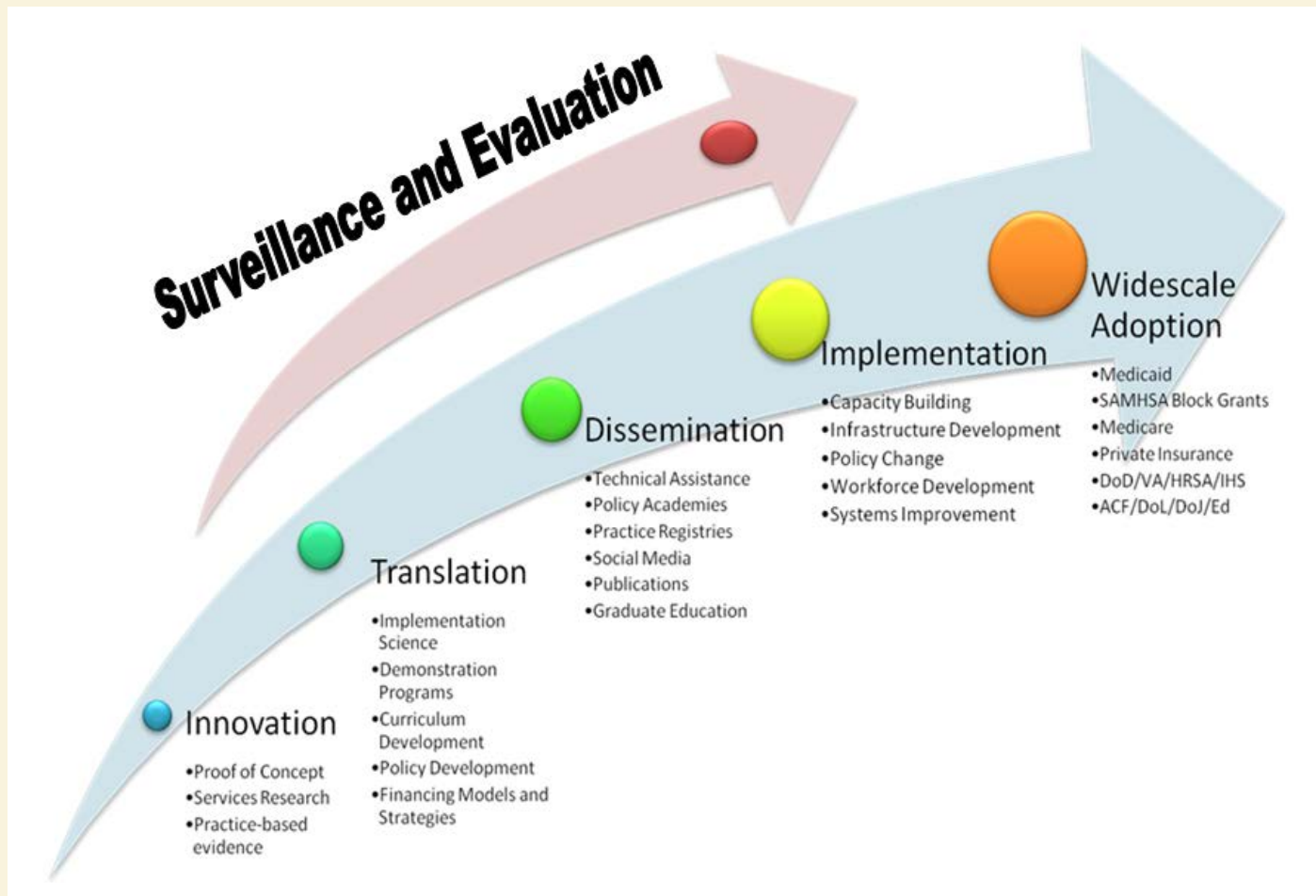
- Budget constraints, cuts, and realignments
- Economic challenges like never before
- No system in place to move innovative practices and systems change efforts that promote recovery to scale
- Science has evolved
- Integrated care requires new thinking about recovery, wellness, and the related practices and roles of peers in responding to whole health needs
- New opportunities for behavioral health (Parity/Health Reform)

# Nature of Change

- **Revolutionary**
  - Pace, speed, fundamental
  - From illness to recovery/health
  - From quantity to quality
- **Incremental**
  - Build on yesterday
  - Build on today
  - Build on what we know; build what we know
- **Transformative**
  - Change “to”, not just change “from”
  - Vision of the way things should be, not just what is not effective today



# SAMHSA's Theory of Change



# **SAMHSA's FY 2012 Budget Request - \$3.6 Billion (A Net Increase of \$67 Million Over FY 2010)**

- Commitment to Behavioral Health
- Focus on SAMHSA's Strategic Initiatives
- Implements a Theory of Change
- Efficient and Effective Use of Limited Dollars

# Health Reform

- Affordable Care Act
- MHPAEA (Parity)
- National Suicide Action Alliance
- Olmstead and EPSDT Litigation
- State Actions to Expand, Limit, Revise Health Coverage and Services
- Tribal Law and Order Act
- Indian Health Improvement Act



# SAMHSA – Leading Change

- **Mission**
  - To reduce the impact of substance abuse and mental illness on America's communities
- **Roles**
  - Leadership and Voice
  - Funding - Service Capacity Development
  - Information/Communications
  - Regulation and Standard setting
  - Practice Improvement
- **Leading Change**
  - 8 Strategic Initiatives

# SAMHSA Strategic Initiatives

- Prevention
- Trauma and Justice
- Military Families
- Recovery Support
- Health Reform
- Health Information Technology
- Data, Outcomes, & Quality
- Public Awareness & Support

# Trauma and Justice: Purpose

*Reducing the pervasive, harmful, and costly health impact of violence and trauma by integrating trauma-informed approaches throughout health, behavioral health, and related systems and addressing the behavioral health needs of people involved in or at risk of involvement in the criminal and juvenile justice systems.*

# Trauma and Justice: Goals

- Develop a comprehensive public health approach to trauma
- Make screening for trauma and early intervention and treatment common practice
- Reduce the impact of trauma and violence on children, youth, and families
- Address the needs of people with mental and substance use disorders in the criminal and juvenile justice systems
- Reduce the impact of disasters on the behavioral health of individuals, families and communities

# Trauma and Justice

- **Reduce the Impact of Trauma and Violence on Children, Youth, and Families**
  - Increase the use of programs/interventions shown to prevent BH impacts (including trauma) of maltreatment and interpersonal/community violence in child-serving settings
  - Support programs to address trauma experienced in childhood and its subsequent impact across the life span
  - Improve policies to address the impact of trauma on children

# Trauma and Justice

## **SAMHSA's Efforts To:**

- Create new/strengthen existing partnerships so trauma-related issues can be addressed throughout the behavioral health, health, and social service systems
- Build on the expertise of the NCTSN to infuse evidence-based screening and trauma-focused interventions into other delivery systems w/high prevalence of trauma ( e.g., ERs, child welfare, and juvenile justice)
- Move interventions to reach as many children and families as possible via Block Grant, insurance, child-serving systems
- Emphasize the prevention of trauma and the promotion of positive social-emotional development of children through comprehensive state-level prevention programs



# SAMHSA Principles

- **People**

- *Stay Focused On The Goal*



- **Partnership**

- *Cannot Do It Alone*



- **Performance**

- *Make A Measurable Difference*



# SAMHSA Key Messages

- **Behavioral Health is Essential to Health**
- **Prevention Works**
- **Treatment is Effective**
- **People Recover**

