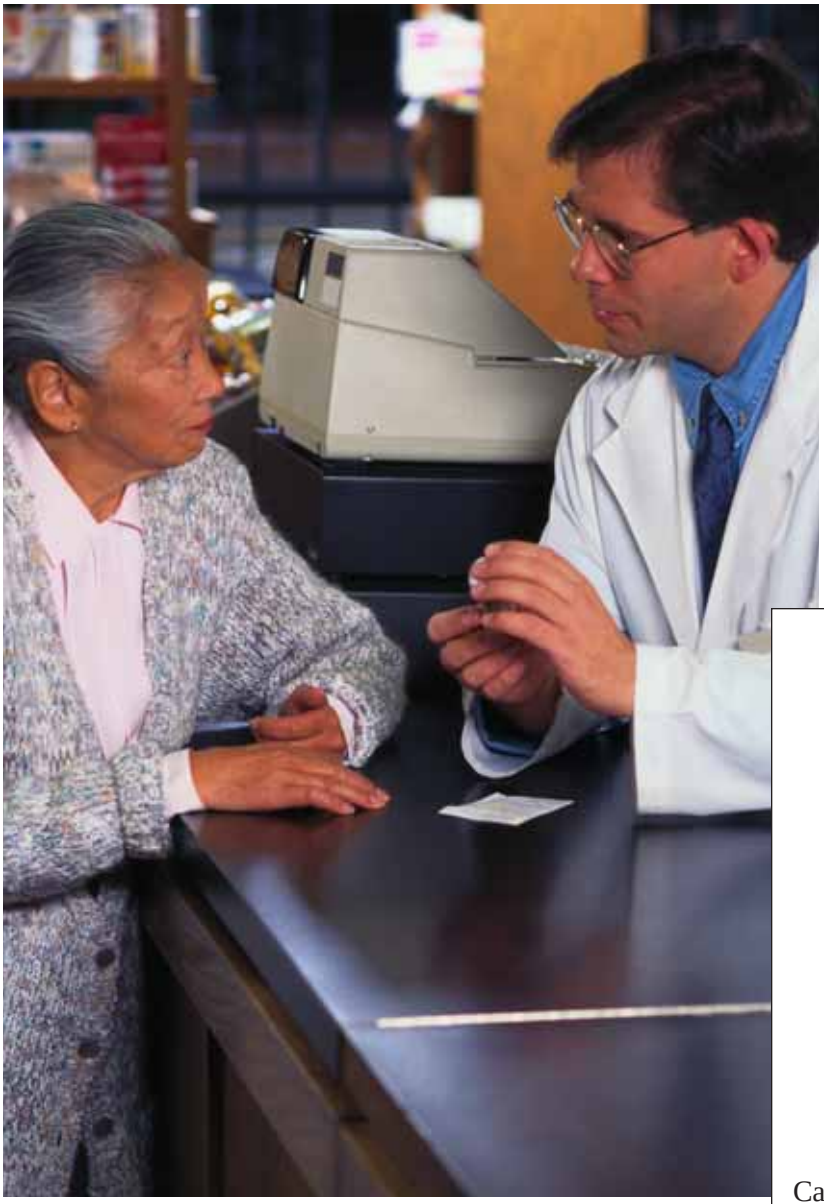
As you age...

Ask questions about the medications you take

Guard against harmful interactions and misuse

Educate yourself about the dangers of mixing alcohol with medications



Times change. So does your body. As you get older, medications are processed differently, so talk to your doctor or pharmacist about your medications.

Call **1-800-662-HELP** for a **free** copy of *As You Age...A Guide to Aging, Medicines, and Alcohol*.
www.samhsa.gov
www.fda.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Food and Drug Administration