

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



Recovery: Changing the Conversation

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Recovery Month Planning Partners Meeting

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Focus Area For Today's Discussion



Strategic Initiatives – Recovery Support

Recovery – Definition, Principals and Construct

National Dialogue on the Role of Behavioral Health

Creating a National Dialogue

SAMHSA's Strategic Initiatives

AIM: Improving the Nation's Behavioral Health (1-4)

AIM: Transforming Health Care in America (5-6)

AIM: Achieving Excellence in Operations (7-8)

1.
Prevention

2.
Trauma and
Justice

3.
Military
Families

4.
Recovery
Support

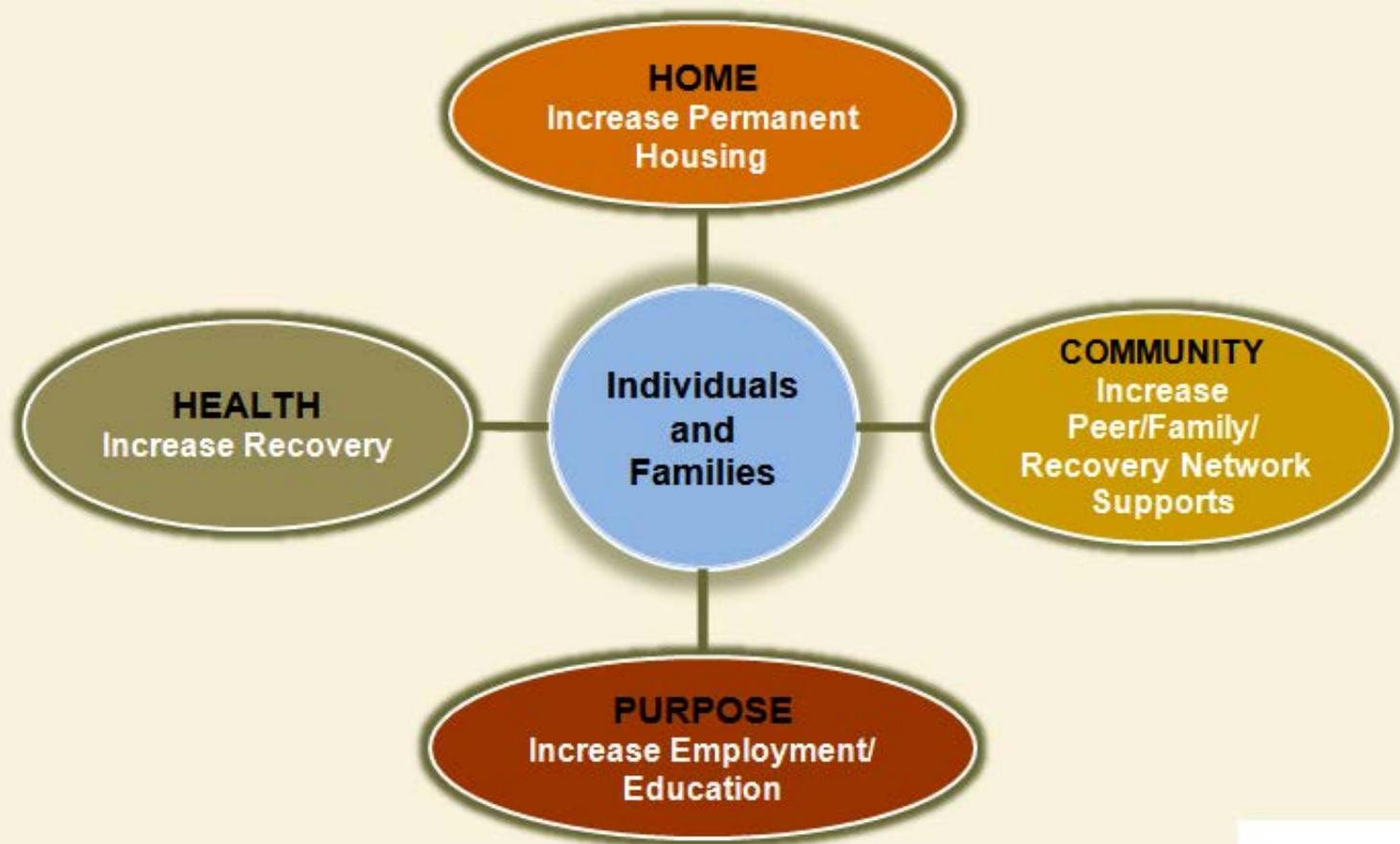
5.
Health
Reform

6.
Health
Information
Technology

7.
Data,
Outcomes
and
Quality

8.
Public
Awareness
and
Support

Recovery Construct



Recovery Activities - Examples

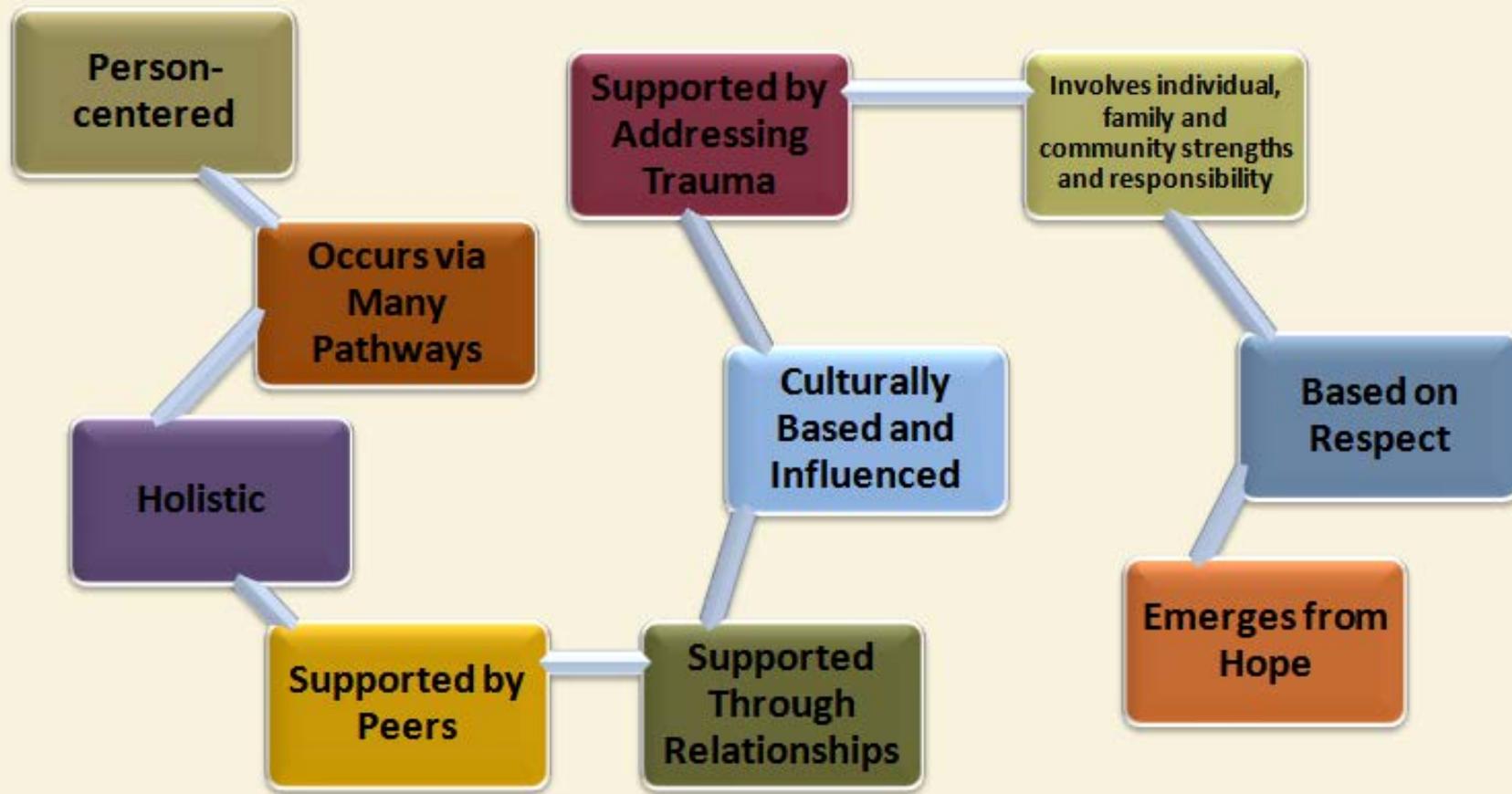
- **Recovery Support Strategic Initiative**
- **Recovery Support Services in Health Reform & Block Grant**
- **Recovery Outcome Measures**
- **Recovery Curricula for/with Practitioners**
- **Recovery TA Center (BRSS TACS)**

Recovery: Working Definition

In a context in which behavioral health is essential to health, Recovery is:

A process of change whereby individuals work to improve their own health and wellness and to live a meaningful life in a community of their choice while striving to achieve their full potential.

Recovery Principles



Recovery Defined

Public Engagement Process

- **259 comments on Recovery Definition**
- **Two forums: August 12th - August 26th**
- **More than 1,000 participants**
- **Definition of Recovery forum**
 - *363 ideas*
 - *4,557 total votes*
 - *699 comments*
- **Guiding Principles of Recovery forum**
 - *117 ideas*
 - *3,194 total votes*
 - *520 comments*

Data Quality and Outcomes

National Behavioral Health Quality Framework - Building on the National Quality Strategy for Improving Health Care

6 Goals: Prevention, Treatment and Recovery Supports that are:

- Effective
- Person and family-centered
- Coordinated
- Evidence-based or best practices
- Safe
- Affordable and high value for cost

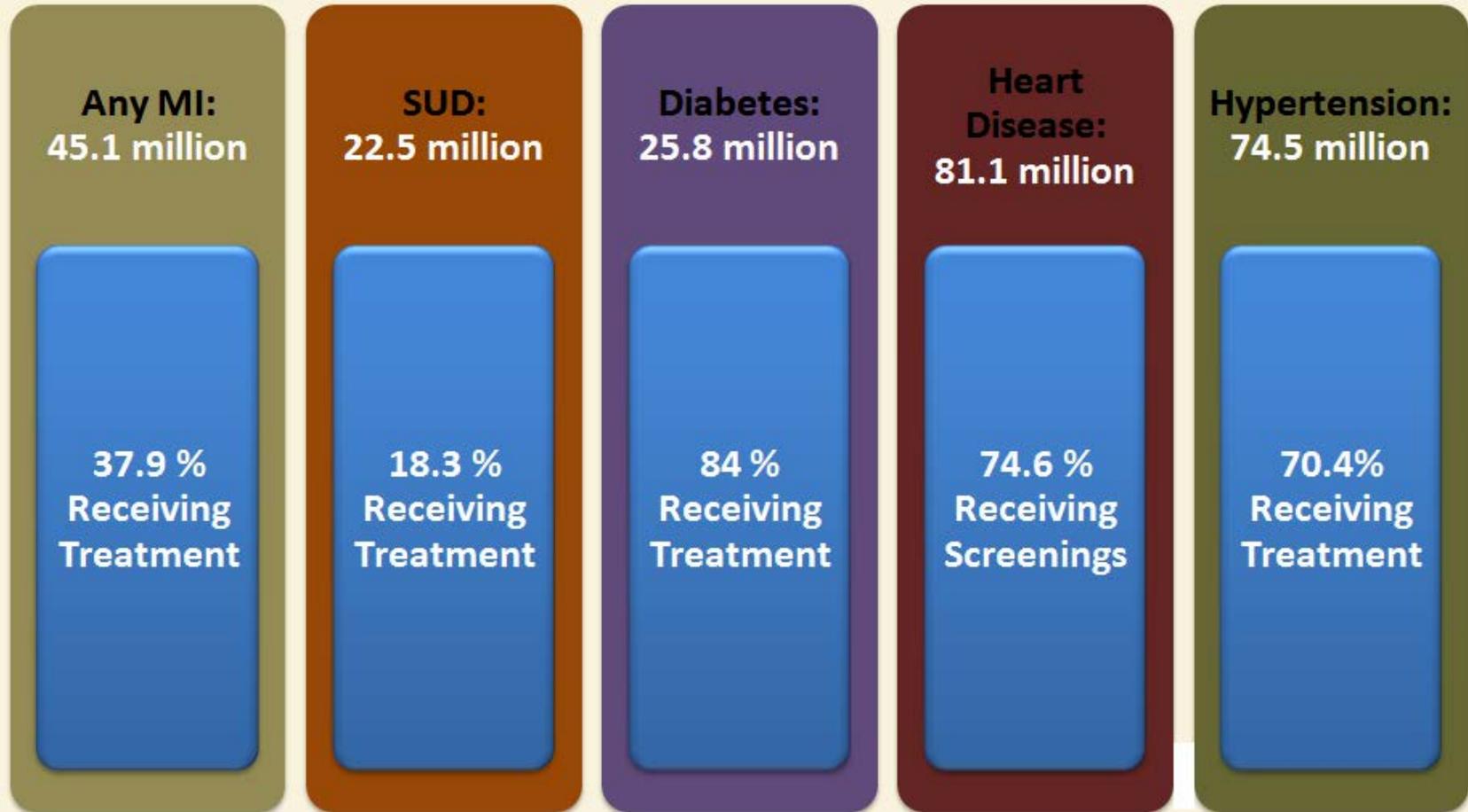
3 Types of Measures

- SAMHSA funded programs
- Practitioner / program / system-based
- Population-based

National Behavioral Health Quality Framework

- **June 15 Webcast/Listening Session – 500+ people**
 - *Draft document on the SAMHSA website: <http://www.samhsa.gov>*
- **August 16 – SAMHSA National Advisory Council**
- **Working with NQF and Others on Measures**
- **Use of SAMHSA Tools to Improve Practices**
 - *Models (e.g., SPF, coalitions, SBIRT, SOCs, suicide prevention)*
 - *Emerging science (e.g., oral fluids testing)*
 - *Technical assistance capacity (e.g., trauma)*
 - *Partnerships (e.g., HIT meaningful use; Medicaid/Medicare)*
 - *Services research as appropriate*

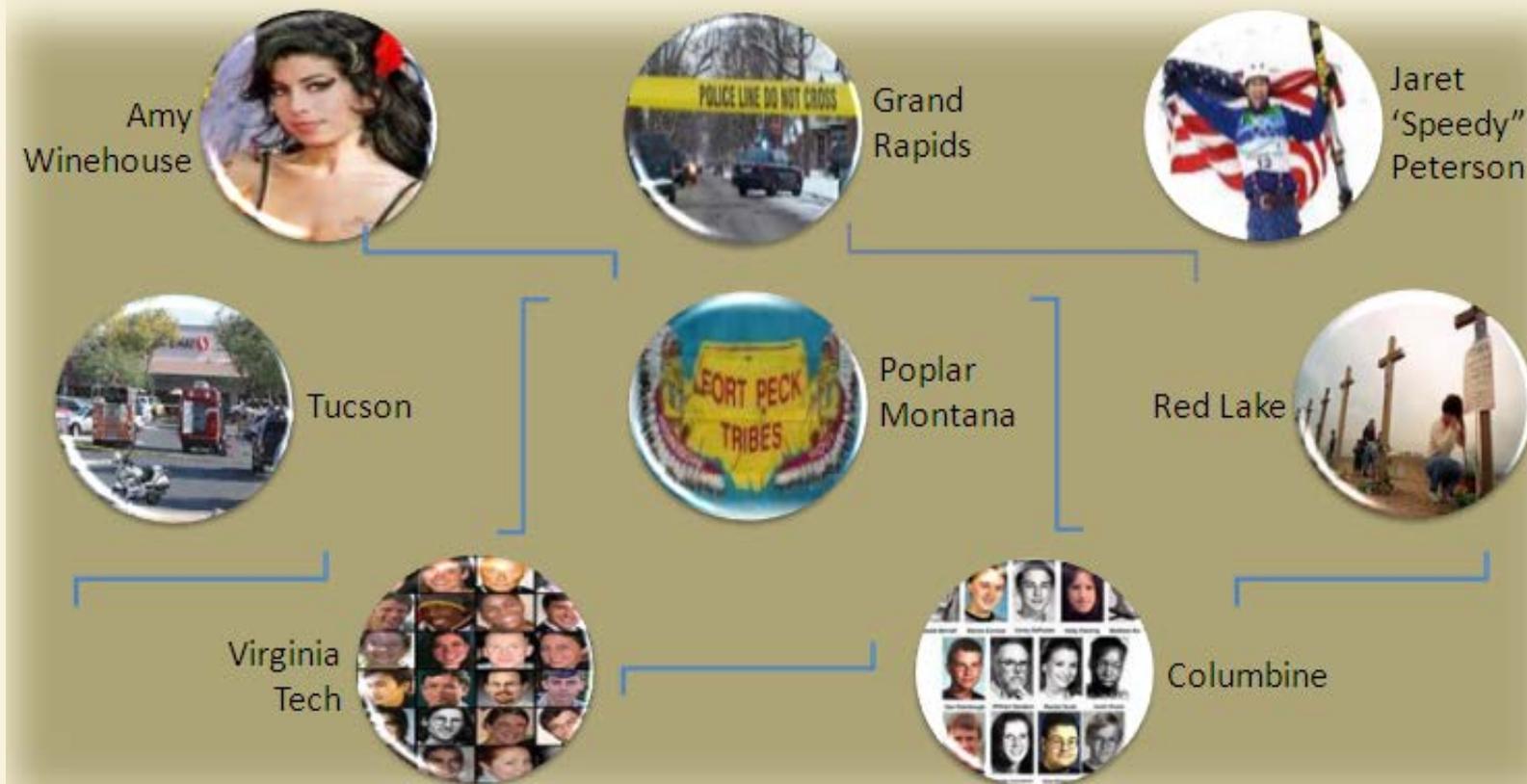
Daily Crisis of Unprevented and Untreated M/SUDs



A Different National Dialogue: The Problem

- Behavioral Health (prevention, treatment, recovery supports) seen as social problem rather than a public health issue
- Communities/Governments respond to social problems rather than to health needs of people and community
- BH field has multiple philosophies resulting in multiple and inconsistent messages
 - *Disease; disability; chronic medical condition; social reaction to difference; brain/genetic; environment/psychosocial*

Tragedies



Public Events Lead To Inaccurate Public Dialogue

- **Individual Blame Based on Misunderstanding**

- *e.g., Moral Judgment, Discrimination, Prejudice, Social Exclusion*

Or

- **Attention to Symptoms**

- *e.g., Homelessness; Drug-related Gangs; Child welfare issues due to addiction and mental illness; amount of jail time by persons with M/SUDs; institutional, provider, or system failures*

Leading To

- **Insufficient Responses**

- *e.g., increased security and police protection; tighter background checks; controlled access to weapons; legal control of perpetrators and their treatment; more jail cells, homeless shelters, institutional/system/provider oversight*

Perception Challenges

- **More than 60% of people who experience MH problems and 90% of people who experience SA problems and need treatment do not perceive the need for care**
- **Suicides vs. Homicides - Suicides outnumber homicides by 3:2**
- **Suicides vs. HIV/AIDS - Twice the number of people die by suicide than who die as a result of complications related to HIV/AIDS**

What Americans Believe



So, How Do We Create...

- **A National Dialogue on the Role of BH in Public Life**
- **With a Public Health Approach That:**
 - *Engages everyone – general public, elected officials, schools, parents, churches, health professionals, researchers, persons directly affected by mental illness/addiction and their families*
 - *Is based on facts, science, common understandings/messages*
 - *Is focused on prevention (healthy communities)*
 - *Is committed to the health of everyone (social inclusion)*

Help Us Change the Conversation!



**Behavioral Health is
Essential to Health!**



It's a Public Health Issue!