



i talk
they hear you®

MAKE REGULAR CONVERSATIONS PART OF THE ROUTINE.

Know the risks of underage drinking and be prepared to talk about them.

Establishing yourself as a trustworthy source of information on alcohol will make your child more inclined to ask questions and look to you for support and guidance. For tips on how—and when—to begin the conversation, visit

www.underagedrinking.samhsa.gov

#TalkTheyHearYou

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SAMHSA

Substance Abuse and Mental Health
Services Administration