



talk
they hear you®

START TALKING BEFORE SHE HEADS OFF TO SCHOOL.

It's never too early to have a conversation about alcohol and other drugs.

The sooner you talk about the dangers of underage drinking and substance use, the greater chance you have of influencing your child's decisions about using alcohol and other drugs. For tips on how—and when—to begin the conversation, visit

www.underagedrinking.samhsa.gov

#TalkTheyHearYou

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SAMHSA
Substance Abuse and Mental Health
Services Administration