

What Services Are Funded by the CCP?

- **Individual Crisis Counseling**—Helps survivors understand their reactions, improve coping strategies, review their options, and connect with other individuals and agencies that may assist them
- **Basic Supportive or Educational Contact**—General support and information on resources and services available to disaster survivors
- **Group Crisis Counseling**—Group sessions led by trained crisis counselors who offer skills to help group members cope with their situations and reactions
- **Public Education**—Information and education about typical reactions, helpful coping strategies, and available disaster-related resources
- **Community Networking and Support**—Relationship building with community resource organizations, faith-based groups, and local agencies
- **Assessment, Referral, and Resource Linkage**—Adult and child needs assessment and referral to additional disaster relief services or mental health or substance use treatment
- **Development and Distribution of Educational Materials**—Flyers, brochures, tip sheets, educational materials, and website information developed and distributed by CCP staff
- **Media and Public Service Announcements**—Media activities and public messaging in partnership with local media outlets, state and local governments, charitable organizations, or other community brokers of information

Questions?

If you would like to know more about the CCP, its eligibility criteria, and its application requirements, please contact the SAMHSA Disaster Technical Assistance Center (DTAC).

Substance Abuse and Mental Health Services Administration (SAMHSA)

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Crisis Counseling Assistance and Training Program (CCP)

What Is the Mission of the CCP?

The mission of the Crisis Counseling Assistance and Training Program (CCP) is to assist individuals and communities in recovering from the challenging effects of natural and human-caused disasters through the provision of community-based outreach and psychoeducational services.

What Is the CCP?

The CCP is composed of two grant programs:

- Immediate Services Program (ISP)—60 days in duration
- Regular Services Program (RSP)—9 months in duration

The CCP is:

- Authorized under the Robert T. Stafford Disaster Relief and Emergency Assistance Act (Stafford Act)
- Funded by the Federal Emergency Management Agency (FEMA)
- Available to survivors after a Presidential declaration of disaster for Individual Assistance for short-term behavioral health support when disaster response needs are beyond states' capacity
- Administered through an interagency federal partnership between FEMA and the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Mental Health Services
- Culturally competent, understanding, respectful, and sensitive to the cultural makeup of communities served

Who Can Provide CCP Services?

- States, U.S. territories, and federally recognized tribes are eligible to apply for a CCP grant.
- Services are typically provided to the affected areas by behavioral health organizations through contracts with a state's department of mental health.
- A combination of mental health professionals and paraprofessionals are trained and supervised to deliver an array of crisis counseling services.
- CCP staff are usually indigenous to the affected communities and are sometimes survivors themselves.

What Are the Goals of the CCP?

The CCP strives to:

- Reach large numbers of people affected by disasters through face-to-face outreach to shelters, homes, and other locations.
- Assess the emotional needs of survivors and make referrals to traditional behavioral health services when necessary.
- Identify tangible needs and link survivors to community resources and disaster relief services.
- Provide emotional support, education, basic crisis counseling, and connection to familial and community support systems.
- Train and educate CCP staff and other community partners about disaster reactions, appropriate interventions, and CCP services.

- Develop partnerships with local disaster and other organizations.
- Work with local stakeholders to promote community resilience and recovery.
- Collect and evaluate data to ensure quality services and justify program efforts.
- Leave behind a permanent legacy of improved coping skills, educational and resource materials, and enhanced community linkages.

What Are the Key Principles of the CCP Model?

CCP is:

- **Strengths Based**—CCP services promote resilience, empowerment, and recovery.
- **Anonymous**—Crisis counselors do not classify, label, or diagnose people; no records or case files are kept.
- **Outreach Oriented**—Crisis counselors deliver services in the communities rather than wait for survivors to seek their assistance.
- **Conducted in Nontraditional Settings**—Crisis counselors make contact in homes and communities, not in clinical or office settings.
- **Designed To Strengthen Existing Community Support Systems**—The CCP supplements, but does not supplant or replace, existing community systems.