

## Medication Treatment, Evaluation, and Management (MedTEAM)

CONTACT INFO HERE



Evidence-based treatment works



*A systematic, evidence-based approach  
 for offering medication treatment to  
 people with serious mental illnesses*

## What is Medication Treatment, Evaluation, and Management?

*Medication Treatment, Evaluation, and Management (MedTEAM), an evidence-based approach, helps medication prescribers integrate the best current research evidence, clinical expertise, and consumer experience. Medication treatment is based on active consumer participation, mutual communication, and shared decisionmaking.*

## Why participate in MedTEAM?

People with serious mental illnesses often have long and complex medication histories. MedTEAM offers a systematic approach to documenting which medications consumers have tried and their effects. Coupled with the latest research, this information helps consumers and their treatment teams make the best medication decisions to support their recovery goals.

## How does MedTEAM work?

- **Informed medication decisions** Mental health systems and agencies develop a systematic plan to ensure that the latest scientific evidence guides medication decisions.
- **Team approach** Consumers and prescribers work together with a team of practitioners to systematically gather the information needed for effective medication management.
- **Medication-related outcomes** Routinely using medication-related outcome measures helps prescribers and consumers evaluate whether medications are having the desired effect.
- **High-quality documentation** High-quality documentation provides a record of medication response over the consumer's lifetime.
- **Shared decisionmaking** Consumers are given information about their medications, share in the decisionmaking process, and are involved in evaluating their progress.

**Informed clinical judgment and shared decisionmaking are at the core of effective prescribing**