

Supported Education

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A Promising Practice



Improve your life through learning

What is Supported Education?

Supported Education is a promising practice that helps people with mental illnesses who are interested in education and training return to school.

What are Promising Practices?

Current research shows that Supported Education has demonstrated results. While more research is needed, Supported Education services show promise of becoming an evidence-based practice.

Education can help consumers develop and achieve personal recovery goals such as finding a career or job of their choice.

How does Supported Education work?

- **Consumer choice** No one is excluded from participating.
- **Timely support** Education specialists offer services soon after a consumer expresses interest.
- **Individualized services** Ongoing assistance and support are based on individual needs.
- **Increased access** Education specialists work closely with school personnel and mental health practitioners to support consumers' educational goals.
- **Consumer preferences** Choices are based on consumers' preferences, strengths, and experiences.
- **Recovery is the goal** Supported Education promotes growth and hope.

How can Supported Education help?

Education specialists can help:

- Choose an education program;
- Complete enrollment and financial aid forms; and
- Secure supports to help consumers stay in school.