



Put the power to
prevent bullying
in your hand.



Free for iPhone® and Android™
Visit <http://bit.ly/KnowBullying>



Start a conversation your child will remember when it counts.



KnowBullying by SAMHSA is a free mobile app that encourages conversation between you and your children.



KnowBullying includes:

- **Conversation Starters:** Start a meaningful dialogue with your child.
- **Tips:** Learn ways to prevent bullying.
- **Warning Signs:** Know if your child is affected by bullying.
- **Reminders:** Find the right time to connect with your child.
- **Social Media:** Share tactics and useful advice.
- **Section for Educators:** Prevent bullying in the classroom.



<http://www.samhsa.gov>
1-877-SAMHSA-7 (1-877-726-4727)



SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

Printed 2014 • PEP14-KNOWBULLYPC