

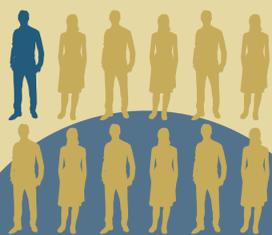


# SUBSTANCE USE & MENTAL ILLNESS IN U.S. ADULTS (18+)

FROM THE 2013 NATIONAL SURVEY ON DRUG USE AND HEALTH (NSDUH)

Behavioral health (substance use and mental health) issues affect millions in the United States each year.

## SUBSTANCE USE IN THE U.S.



Nearly  
**1 IN 12**  
adults had a Substance Use Disorder (SUD) in the past year

That's  
**20.3 MILLION**  
adults who have SUD



In the past month,  
**1 IN 4**  
U.S. adults engaged in binge drinking

That's  
**58.5 MILLION**  
adults



In the past month,  
**1 IN 10**  
U.S. adults used illicit drugs

That's  
**22.4 MILLION**  
adults



Substance Use Disorder (SUD)

**7.7 MILLION**  
adults had both

Any Mental Illness (AMI)

## Co-Occurring Behavioral Health Disorders in the U.S.

## MENTAL HEALTH IN THE U.S.



Nearly  
**1 IN 5**  
U.S. adults had Any Mental Illness (AMI) in the past year

That's  
**43.8 MILLION**  
adults with AMI



Including  
**10 MILLION**  
adults with Serious Mental Illness (SMI)

- 1. Any Mental Illness (AMI)** is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria (excluding developmental and substance use disorders).
- 2. Serious Mental Illness (SMI)** is defined as adults with any mental, behavior, or emotional disorder that substantially interfered with or limited one or more major life activities.
- 3. Substance Use Disorder (SUD):** Individuals with alcohol or illicit drug dependence or abuse are defined as having SUD. The questions used to measure dependence and abuse are based on criteria in the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

SOURCE: Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. The CBHSQ Report: Substance Use and Mental Health Estimates from the 2013 National Survey on Drug Use and Health: Overview of Findings. Rockville, MD.



SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.