

i talk
they hear you®



BE AN ADVOCATE FOR PREVENTION.

Take the time to have conversations about underage drinking and other drug use.

Make sure kids in your community have opportunities to participate in supportive and engaging activities. Use those times to talk with them about the risks and dangers of alcohol and other drug use. For tips on how—and when—to begin the conversation, visit talktheyhearyou.samhsa.gov



#TalkTheyHearYou

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SAMHSA

Substance Abuse and Mental Health
Services Administration