



# COACH THEM ON AND OFF THE FIELD.

**Make sure they understand the risks of underage drinking and other drug use.**

Show young people you care by discouraging risky behaviors and talking with them about the dangers of drinking alcohol and using other drugs. For tips on how—and when—to begin the conversation, visit

**[talktheyhearyou.samhsa.gov](http://talktheyhearyou.samhsa.gov)**



**#TalkTheyHearYou**

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Substance Abuse and Mental Health  
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