

PREVENT

UNSAFE DRINKING

BEHAVIORS ON CAMPUS

College students drink, binge drink, and engage in heavy alcohol use more than young adults of the same age who are not in college.

In 2021, 50% of full-time college students ages 18 to 22 used alcohol in the past month. By comparison, 40% of young adults ages 18 to 22 who were not enrolled in college full-time used alcohol in the past month.*

SAMHSA

Substance Abuse and Mental Health
Services Administration

*Numbers from the Detailed Tables have been rounded to the nearest whole number.

Source: Substance Abuse and Mental Health Services Administration. (2022). Results from the 2021 National Survey on Drug Use and Health: Detailed tables. (Table 8.29B). <https://www.samhsa.gov/data/report/2021-nsduh-detailed-tables>

BINGE DRINKING

NUMBER OF DRINKS CONSUMED ON
THE SAME OCCASION



5+

HEAVY ALCOHOL CONSUMPTION

BINGE DRINKING ON 5 OR MORE
DAYS IN THE PAST MONTH

28%

of full-time college students (ages 18 to 22) engaged in binge drinking and 7% engaged in heavy alcohol use in 2021.

23%

of young adults (ages 18 to 22) not enrolled in college full-time engaged in binge drinking and 5% engaged in heavy alcohol use in 2021.

communities
talk 
to prevent underage drinking

To reduce underage, binge, or heavy drinking on your campus, host a **Communities Talk** activity or join the social media conversation using **#CommunitiesTalk**.

For more information, visit StopAlcoholAbuse.gov/CommunitiesTalk.