College students drink, binge drink, and engage in heavy alcohol use more than young adults of the same age who are not in college.

In 2021, 50% of full-time college students ages 18 to 22 used alcohol in the past month. By comparison, 40% of young adults ages 18 to 22 who were not enrolled in college full-time used alcohol in the past month.

To reduce underage, binge, or heavy drinking on your campus, host a Communities Talk activity or join the social media conversation using #CommunitiesTalk.

For more information, visit StopAlcoholAbuse.gov/CommunitiesTalk.

Source: Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.