

A young man and woman are standing on a college campus, facing each other and talking. The man is wearing a purple polo shirt and a black jacket with three white stripes on the sleeve. The woman is wearing a white tank top with black suspenders. In the background, there is a large, light-colored building with many windows and arched doorways. Several other people are walking around the campus. A silver car is parked on the right side of the image. The scene is set outdoors during the day.

i talk
they hear you®

BEFORE SHE HITS THE PRACTICE FIELD...

Find out if she has questions about alcohol or other drugs.

Show young people you care and help discourage risky behaviors by talking with them about the dangers of using alcohol and other drugs, such as marijuana and prescription pain medication. For tips on how—and when—to begin the conversation, visit

www.underagedrinking.samhsa.gov

#TalkTheyHearYou

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Substance Abuse and Mental Health
Services Administration