



i talk
they hear you®

VOLUNTEER YOUR WISDOM.

Be prepared to support youth and answer their questions.

Members of your community can be valuable resources to help prevent underage drinking and other drug use. Look for ways to talk with youth in your community about the dangers of alcohol and other drugs. For tips on how—and when—to begin the conversation, visit talktheyhearyou.samhsa.gov



#TalkTheyHearYou

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SAMHSA

Substance Abuse and Mental Health
Services Administration